



**HipSaver® Soft Hip Protectors
Protecting People from Fall Related Hip Injuries**

Proven. Validated in biomechanical tests. Created with care for real life.
Unique. Breakthrough design utilising innovative patented technology.
User friendly. All soft with thin tapered padding. Cosy to sleep in.
Convenient. Washable at 95°C and tumble dryer friendly.
High Compliance. Proven in clinical studies and in widespread usage.
In UK since 2002 and widely used in the NHS and Private Care.

		
SlimFit Regular for the fashion conscious	Nursing Home Style for roomy inside	QuickChange for speedy convenience
		
TailBone	OpenBottom Standard	SlimFit Fly
		
Handles	EasyFit	OpenBottom SnapOn



**Win Health Ltd., Brockhirst, Oxnam Road, Jedburgh, TD8 6QN.
Tel. 01835 864866; Fax: 01835 863238; info@win-health.com**

www.win-health.com

HipSaver User Friendly Soft Hip Protectors

Guidance for Independent Users

HipSaver soft hip protectors help to prevent fall related hip fractures and hip injuries, but only when/if the HipSaver is worn at the time of the fall. It is important to wear HipSaver during the day and at night, because falls frequently occur at night.

The effects of falling can be devastating, especially, when serious hip fractures or hip injuries are sustained. Many people become bed-bound, go to permanent care or even die. You should consider using HipSaver Soft Hip Protector, if any of the following apply to you:







- You are thin and frail or you have osteoporosis – weakened bones
- You are a smoker and regularly consume alcohol
- You have previously suffered a fracture(s)
- You have a family history of hip fracture (i.e. your mum had one)
- You have problems with balance, postural stability or gait
- You have a tendency to trip, slip or “bump into things”
- You have a tendency to fall and/or you have fallen previously
- Your muscles are weak and your agility is low
- You have impaired vision or suffer episodes of dizziness
- You suffered a stroke or have Parkinson’s Disease
- Your doctor/nurse/carer advised you to wear hip protectors

Steps to take

1. **Ensure** that your risk of falling in your own home is minimal. Improve lighting, fit hand rails on stairs, and remove loose floor coverings and clutter that could precipitate your fall.
2. **Decide** on the best HipSaver style for you. You can choose the attractive SlimFit model, if you are fashion conscious - or the roomy Nursing Home model for improved comfort. Or perhaps you can opt for the SlimFit to wear during the day and consider the roomier Nursing model as a night time protector. If you have a problem with continence – the QuickChange model will allow you to change your personal pads easily and conveniently. OpenBottom models are best for people with special needs (i.e. requiring catheters) or as a night-time wear. OpenBottom SnapOn version can be wrapped over incontinence products and fasten with 3 snaps. Wrap around EasyFit is best for people not able to step into garments.
3. **Measure yourself** at the widest point of your hips – at the top of your thigh bone – match your personal hip measurements with the chart below. There are 7 sizes available (XXS – XXL) – choose the size closest to your own measurements.
4. **Select colour:** HipSaver SlimFit for ladies is available in a choice of white or beige colours. SlimFit Fly, OpenBottom and EasyFit styles are in white only. Other styles are made in a practical beige colour that is resistant to discolouration and staining.
5. **Care for your HipSaver:** HipSavers are easy to wash in domestic and institutional washing machines at up to 95°C and can be tumble dried. The protective pads are sewn permanently into the garments and will not deteriorate in the hot wash. Wash HipSaver like a normal underwear. Consider how often you can do your washing, as this will help you to establish how many pairs you need. Remember that the objective is to wear a HipSaver at all times – day and night!
6. **Protect yourself, protect your hips** - feel safe and confident to enjoy your life – wear your HipSaver hip protectors night and day - all the time! The soft pads are thin and discreet and will not show underneath your normal clothing – no one will know but you!
7. **TailBone models incorporating an additional pad that covers the tail bone (coccyx) area**, protecting it during backward falls and from accidental knocks and bumps. HipSaver SlimFit, HipSaver Nursing Home Style, HipSaver QuickChange and HipSaver EasyFit are available with TailBone pads. TailBone models are only made in 6 sizes (XS – XXL).
8. **Easy Pull-Up Handles** for people with poor grip can be added to all models by request at no extra cost.
9. **VAT Exemption:** Available to registered disabled people.

Private Purchase Order Form

Name			
Organisation			
Address			
Postcode			
Telephone			
Fax number			
Order number		Date	

 *W in white *F in beige colour	SlimFit *W & *F		Regular	Fly	Tailbone	Handles	
			*W	*F	*W	*F	
	Hips 24-27" (60-69cm)	XXS					
	Hips 28-31" (70-81cm)	XS					
	Hips 32-35" (82-92cm)	S					
	Hips 36-39" (93-102cm)	M					
	Hips40-44"(103-114cm)	L					
	Hips45-50"(115-127cm)	XL					
	Hips51-57"(128-146cm)	XXL					
Total SlimFit							
	Nursing *F only		Regular	Fly	Tailbone	Handles	
	Hips 24-27" (60-69cm)	XXS					
	Hips 28-31" (70-81cm)	XS					
	Hips 32-35" (82-92cm)	S					
	Hips 36-39" (93-102cm)	M					
	Hips40-44"(103-114cm)	L					
	Hips45-50"(115-127cm)	XL					
	Hips51-57"(128-146cm)	XXL					
	Total Nursing						
	QuickChange *F only		Unisex		Tailbone	Handles	
	Hips 24-27" (60-69cm)	XXS					
	Hips 28-31" (70-81cm)	XS					
	Hips 32-35" (82-92cm)	S					
	Hips 36-39" (93-102cm)	M					
	Hips40-44"(103-114cm)	L					
	Hips45-50"(115-127cm)	XL					
	Hips51-57"(128-146cm)	XXL					
	Total QuickChange						
	EasyFit W*		Unisex		TailBone	Handles	
	Hips 24-27" (60-69cm)	XXS					
	Hips 28-31" (70-81cm)	XS					
	Hips 32-35" (82-92cm)	S					
	Hips 36-39" (93-102cm)	M					
	Hips 40-44" (103-114cm)	L					
	Hips 45-50"(115-127cm)	XL					
	Hips 51-57" (128-146cm)	XXL					
	Total EasyFit						
 	OpenBottom Standard Open Bottom Snap	W* only	OB Standard		OB SnapOn	Handles	
	Hips 24-27" (60-69cm)	XXS					
	Hips 28-31" (70-81cm)	XS					
	Hips 32-35" (82-92cm)	S					
	Hips 36-39" (93-102cm)	M					
	Hips 40-44" (103-114cm)	L					
	Hips 45-50"(115-127cm)	XL					
	Hips 51-57" (128-146cm)	XXL					
	Total OpenBottom						

HipSavers with hip pads cost £33.99 + VAT (£40.79); TailBone models cost £38.99 + VAT (£46.79).
 Postage: £4.00 + VAT (£4.80)/1 pair; £7.00 + VAT (£8.40)/2+ pairs. Handles are fitted free on request.

VAT Exemption Declaration

Please complete this section if you are claiming VAT exemption. You only pay for the cost of the goods shown 'excluding VAT'.

I (full name).....

Address:.....

.....

.....

Phone:.....

E-mail:

I declare that I am chronically sick by reason of (please give a full description of your condition, such as severe rheumatoid arthritis, osteoarthritis, multiple sclerosis, chronic venous disease, epilepsy, chronic urinary incontinence, Parkinson's disease or other health condition as relevant).

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and the goods that I am receiving are being provided by Win Health Ltd. for my own personal use. I claim relief from Value added Tax under group 12 of schedule 8 to the Value Added Tax Act of 1994.

Signature Date

(This declaration may be signed by you or on your behalf by a relative, guardian, carer, trustee etc.)

Complete and post with your order and payment to:

Win Health Ltd.
Brockhirst
Oxnam Road
Jedburgh, TD8 6QN
Roxburghshire

Please note: VAT Exemption Declaration can also be completed online in our online shop at the time of purchase. www.win-health.com